

# Eldercare Workforce Quiz



1. **Question:** By 2030, it is estimated that there will be approximately 72 million older Americans, comprising nearly 20 percent of the total population US population. But, which state will have the biggest increase in the 65+ population?
- Arizona
  - California
  - Florida
  - West Virginia

**Answer:** Arizona will have the largest increase in the 65+ population. The top ten states with the largest increase are Arizona, Nevada, Florida, Alaska, New Mexico, Texas, New Hampshire, Wyoming, and California.

**Source:** [Eldercare Workforce Alliance state issue briefs](#)



## 2. Question: What Costs More?

- A year at Harvard University
- A year at a nursing home
- A year in prison
- A year of infant care in New York City

**Answer:** In 2013, spending a year in a private room in a nursing home could set you back about \$84,000 according to Genworth Financial. A year at Harvard is \$56,000, an average year in prison is \$31,000 and a year of infant care in New York City is around \$14,000.

**Source:** [PBS NewsHour Long-Term Care Quiz](#)



3. **Question:** We're going to play mad-libs - Fill in the blanks: The “average” family caregiver (a person taking care of a loved one as they get older, for example) is a [BLANK]-year-old woman who works outside the home and spends nearly [BLANK] hours per week providing unpaid care to her mother for nearly five years.

**Answer:** The “average” U.S. caregiver is a 49-year-old woman who works outside the home and spends nearly 20 hours per week providing unpaid care to her mother for nearly five years.

**Source:** [Caregiving in the US](#) (2009), National Alliance for Caregiving in collaboration with AARP



4. **Question:** What percentage of family caregivers perform medical or nursing tasks such as medication management and wound care?

- 12%
- 29%
- 46%
- 97%

**Answer:** Almost half (46%) of family caregivers performed medical and nursing tasks.

**Source:** AARP, [Home Alone: Family Caregivers Providing Complex Chronic Care](#)



5. **Question:** There are about 1 million family caregivers in the United States providing unpaid care to an aging loved one. True or false?

**Answer:** False! A National Alliance for Caregiving and AARP study found that in 2009, about 42.1 million family caregivers in the United States provided care to an adult who needed help with daily activities, such as eating and dressing, at any given point in time.

**Source:** [Caregiving in the US](#) (2009), National Alliance for Caregiving in collaboration with AARP and [AARP, Valuing the Invaluable: 2011 Update](#)



6. **Question:** The estimated value of unpaid care provided by family caregivers totaled about \$450 billion in 2009. True or false?

**Answer:** True! The estimated economic value of family caregivers' unpaid contributions in 2009 was approximately \$450 billion.

**Source:** AARP, [Valuing the Invaluable: 2011 Update](#)



7. **Question:** Of the nation's 2.2 million registered nurses, how many are certified specifically to take care of older adults?

- Less than 1%
- Two-thirds
- All nurses are certified
- 57%

**Answer:** Less than one percent of all registered nurses are certified specifically in the care of older adults.

**Source:** [American Nurses Credentialing Center](#)



8. **Question:** Which of the following over the counter drugs should older adults avoid, use with caution, and talk to their health care provider about?
- Benadryl
  - Tylenol PM
  - Aspirin

**Answer:** All of the above! Older adults are more sensitive to many common medications, including over the counter drugs. Benadryl for instance can cause confusion, blurred vision, and dry mouth. Healthcare professionals that have been properly trained in geriatrics can help seniors identify medications that may put them at risk.

**Source:** [American Geriatrics Society](#)



# BONUS!

Would you be surprised to know that less than 3 percent of students in medical schools take electives that train them to care for older adults and that there are only 7,162 doctors (geriatricians) who specialize in the care of older adults?

**Source:** [EWA Education and Training: Meeting the Needs of Older Adults Issue Brief](#)



9. **Question:** Medicare does not pay for long-term care. True or False?

**Answer:** True (but the program covers up to 100 days of skilled nursing home care per benefit period.)

**Source:** [AARP Blog](#)



**10. Question:** Direct care workers are the frontline workers—people like nursing assistants and home care aides—who provide most of the paid care and personal assistance to older adults and individuals with disabilities. About how much do you think the average direct care worker makes per hour?

- a. \$10.60
- b. \$12.60
- c. \$15.60

**Answer:** The correct answer is a. In 2012, the median hourly wage for direct care workers was \$10.63.

**Source:** [PHI Facts 3](#)



**11. Question:** Which of these jobs is expected to be the biggest occupational group in the U.S. in about 5 years?

- a. Fast food and counter workers
- b. Direct care workers
- c. All teachers from kindergarten through grade 12



**Answer:** The answer is b. There are expected to be 4.99 million direct care workers in the U.S. by 2020, compared to 3.9 million K-12 teachers and 3.55 million fast food and counter workers. Direct care workers are the frontline workers—people like nursing assistants and home care aides—who provide most of the paid care and personal assistance to older adults and individuals with disabilities.

**Source:** [Direct Care Alliance Fact Sheet](#)



# Thank You for Taking the Eldercare Workforce Quiz!

Want to learn more?

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